

## **Annexes**

### **Slides for Module 2b: Gender**

## **Module 2**

# **Knowing More About HMIS**

**Session 1.1: Social Protection  
and HMIS**

**Session 1.2: Gender  
and Development**

## **Module 2 Objectives**

- (1) explain the rationale of social protection and the role of HMIS as a social protection mechanism**
- (2) describe the characteristics of an HMIS, its basic principles, components and the various risks it is exposed to**
- (3) assess their current HMIS vis-à-vis the given principles and basic features and identify strengths and gaps**
- (4) improve their awareness of gender and development principles**



## **Session 2.2**

# **Gender and Development**

# Gender

- refers to the differences between women and men that are socially determined and learned
- refers to the traits, characteristics and role differences between male and female;
- It is culturally determined and varies across cultures and places, and changes overtime
- since they are socially constructed, they can also be changed

# **Sex**

**Refers to the physical or biological attributes that identify a person as female or male**

- type of genital organs**
- type of predominant hormones circulating in the body**
- ability to produce sperm or ova**
- ability to give birth and breastfeed babies**

## Comparison Between Sex and Gender

### Sex

- primarily refers to physical attributes of the body; notably the sex organs that make males and females distinct
- Biologically determined by genes and hormones.
- Is relatively fixed/constant

### Gender

It is the composite product of attitudes and behavior of men and women e.g. masculinity and femininity

Behavior that is socially determined  
It is learned and perpetuated primarily through the family, education religion, media, etc. Thus it is an acquired identity

Because it is socialized, it may be variable through time and across cultures

# Sex Roles

## Ability of the Female to:

- produce ova
- menstruate
- get pregnant
- give birth
- breastfeed

## Ability of the Male to:

- produce sperm



## Gender Roles

### Male

- bread winner
- takes on physically strenuous work and activities (e.g. plumbing, carpentry, etc.)

### Female

- caretaker of children
- housekeeper (wash and iron clothes, cook food, clean the house, etc.)
- brings children to health center or health personnel

# **Sexuality**

**It is the total personhood development experience of a person that includes:**

- sexual behavior**
- sexual health**
- relationships**
- gender socialization**
- human development**

**Note: life skills is an essential element in all the above components of sexuality**

## **Sex, Sexuality and Gender Across Life Span**

- **A child at birth is either a boy or a girl as defined by the physical or biological attributes that characterizes the sexes: penis for the boy and vulva for the girl.**
- **As the child grows awareness of the body's basic parts and functions develop, erotic zones are explored and formative development of sexual drive occurs.**
- **However, a child is reared according to the norms set by society. Society's gender norms dictate permissible behavior for males and females creating influence on a person's sexuality**

## Manifestations of Gender Bias

### **ECONOMIC MARGINALIZATION**

- Under or even non-valuation of women's work

### **POLITICAL SUBORDINATION**

- Women's participation in decision-making is limited

### **GENDER STEREOTYPING**

- Societal perceptions and value systems developed an image of women as weak, dependent, subordinate, indecisive, emotional and submissive

### **MULTIPLE BURDEN**

- The dual immersion of women: working outside the home to augment family income while taking on responsibility for household chores at the same time.

## **Economic Marginalization**

- **refers to subordination in the economic arena**
  - **under-valuation or non-recognition of women's work**
  - **unequal pay for work of equal value**
  - **last to be hired, first to be fired**
  - **limited opportunities**
  - **exacting sexual favors**

## **Political Subordination**

- **the relegation of women to a lower status, decision-making and rights**
  - **position**
  - **status**
  - **decision-making**
  - **process of socialization**

## **Gender Stereotyping**

- **the tendency to ascribe the characteristics and roles to males and to females as a group**
  - **all characteristics expected of males are considered true for all males**
  - **all characteristics expected of females are true for all females**

## **Multiple Burden**

- **takes place when women move out of reproduction sphere to perform productive roles**
  - **yet men do not move into the spaces left behind by them (e.g. working women)**
  - **if professional women work, another set of women take their place as care providers (e.g. yaya, maids, etc.)**
  - **women while working to earn a living also is burdened with doing housework and parenting**



## Three Types of Women's health Problems

- **General Health Problems**

- diseases which any person can have regardless of sex (e.g. lung disease, hypertension)

- **Special Health Problems**

- diseases particular to women because of their physiologic attributes (e.g. related to pregnancy, labor, cervical cancers, uterine myoma)

- **Gender Health Problems**

- those associated with low status of women (e.g. spouse abuse, rape)
- those associated with traditional role of women (e.g. vulnerability to contagious diseases, stress)
- those associated with stereotypes (e.g. anorexia nervosa, complications of surgical reconstruction)

## Institutions/Structures Gender -Related Issues

### FEMALES

**Family :** Responsible for household chores and child bearing

Follow husband's decision.

Sexual relationship should take place in marriage only

**School:** Course Offering  
High School: home economics  
College:,  
social work, midwifery  
nursing, education

### MALES

He is the breadwinner

Makes decision relative to all aspects of family life.

Course Offering  
High School: Industrial Arts  
College:  
architecture, law, medicine  
engineering,

## Institutions/Structures Gender-Related Issues

	FEMALES	MALES
<b>Church/Religion:</b>	Nuns do supporting role  Virginity is a virtue  Masturbation is a sin and an act of immorality strict adherence to the vow of celibacy: priests and nuns must abstain from sex	Priests, lay ministers do lead roles  Male virginity is not an issue.
<b>Economy:</b>	must spend wisely the money entrusted by the husband.  Work is of less or no value thus paid low.	Breadwinner  work has economic value, therefore, paid more

## Institutions/Structures Gender-Related Issues

	<b>FEMALES</b>	<b>MALES</b>
<b>Government/ Law</b>	Supports husband's candidacy for public office	Runs for public office
<b>Media Image:</b>	sexy, beautiful, sexually desirable male's object of desire	objects for liquor ads. image: strong, handsome the envy of other males
<b>Recreation:</b>	engage in cottage industry such as embroidery during free time to augment family income. Spare time is used to buy things for the family at nearby grocery.	more leisure activities with friends after work hours.

## Institutions/Structures Gender and Sexuality-Related Issues

	<b>FEMALES</b>	<b>MALES</b>
HealthCare:	Responsible in bringing children to clinic	Passive to No Setting participation
	Gets husbands permission to seek reproductive health	Tells wife to bring sick child to the clinic
	Gets husbands permission to seek reproductive health care	Decides on matters related to contraception
	Sex workers are required to undergo STI check-up.	No STI check-up required

## For Every Woman, There is a Man

For every woman who is tired of acting weak when she knows she is strong, there is a man who is tired of appearing strong when he feels vulnerable

For every woman who is tired of acting dumb, there is a man who is burdened with constant expectation of “knowing everything”

For every woman who is tired of being called “an emotional female,” there is a man who is denied the full right to weep and be gentle

## For Every Woman, There is a Man

For every woman who is denied of meaningful employment and equal pay, there is a man who must bear the full responsibility of earning for a human being

For every woman who is not taught the intricacies of an automobile, there is a man who was not taught the satisfaction of cooking

For every woman who feels tied down by her children, there is a man who is denied of the full pleasure of shared parenthood